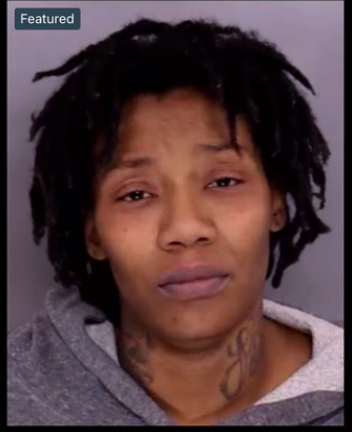


TRUTH BE BOLD

THE REEDERS BLOCK NEWSLETTER

THEREEDERSBLOCK.COM

Mother Says She Killed 11-Year-Old Daughter for "Having Sexual Relations with the Father of Her Other Three Children"



TOP STORY: MOTHER SAYS SHE KILLED 11-YEAR-OLD DAUGHTER FOR "HAVING SEXUAL RELATIONS WITH THE FATHER OF HER OTHER THREE CHILDREN"

Baltimore mother Keyona Dillon, 34, faces first-degree murder charges after allegedly using a household cleaning tool to strangle her daughter, after killing the four family pets.

On January 23, Baltimore, MD police arrived at the home of Keyona Dillon on the 2000 block of Firethorn Road in Middle River after receiving a phone call about a cardiac arrest. Dillon had gone to her neighbor's home to make the call. She informed the police her daughter was deceased, and they located the body of her 11-year-old daughter London Olsen in the basement. Get the whole story [here](#).

RIDDLE ME THIS

What is the answer to the riddle? Take some time, kick back and mull it over with your favorite drink and a friend. Relax a little.

The Hint:

Email your answer to be featured in the next issue's answer reveal.

Last Issue's Answer Reveal: "T H A T" is how you spell "that" without four S's and four I's.

If you drop me I'm
sure to crack, but
give me a smile
and I'll always
smile back.



What am I?

THREE JEWELS

Your haters see your success in you before you do, and that's where the hate comes from.

Perfect doesn't exist, so they will always find a chink in your armor to talk about.

The come-up is always more exciting than the view from the top.

HEALTHY REEDER TIPS

THE REEDERS BLOCK NEWSLETTER

[THEREEDERSBLOCK.COM](https://thereedersblock.com)

WHAT'S TO KNOW ABOUT HEALTH INSURANCE



It's vital to remember that health insurance premiums are going up in 2025. As with many other industries, prices within the health insurance sector are soaring to all-time highs. As an example, specialty drug spending has increased over 500% since 2012. The cost of family medical insurance plans has gone up 7%. For individuals, it has risen 6%. Health insurance policies can range from a few hundred dollars to over \$1,000, depending on the individual or family.

Even so, the profits of the health insurance industry continue to reach new highs. United HealthCare, one of the largest health insurance providers in the country, had profits of over \$14 billion in 2024. To reach these figures, the company employed Ai that improperly denied over 20% of claims and up to 30%, according to some estimates. The former CEO Brian Thompson was earning over \$10 million a year and also had stock in the company worth over \$44 million. That seemingly wasn't enough, considering he was under federal investigation for financial crimes before being murdered on the streets of New York.

Health insurance prices are far too high, and you can battle this by writing your local and state public officials by letter or email. You can also go to town halls to voice your concerns..

THE TAKEAWAY

CHECK [THEREEDERSBLOCK.COM](https://thereedersblock.com) FOR THE LATEST UPDATES. THIS NEWSLETTER IS 100% HUMAN-WRITTEN. REMEMBER, IF YOU SEE AN ERROR, THAT'S WHAT MAKES US HUMAN. THANKS FOR READING.